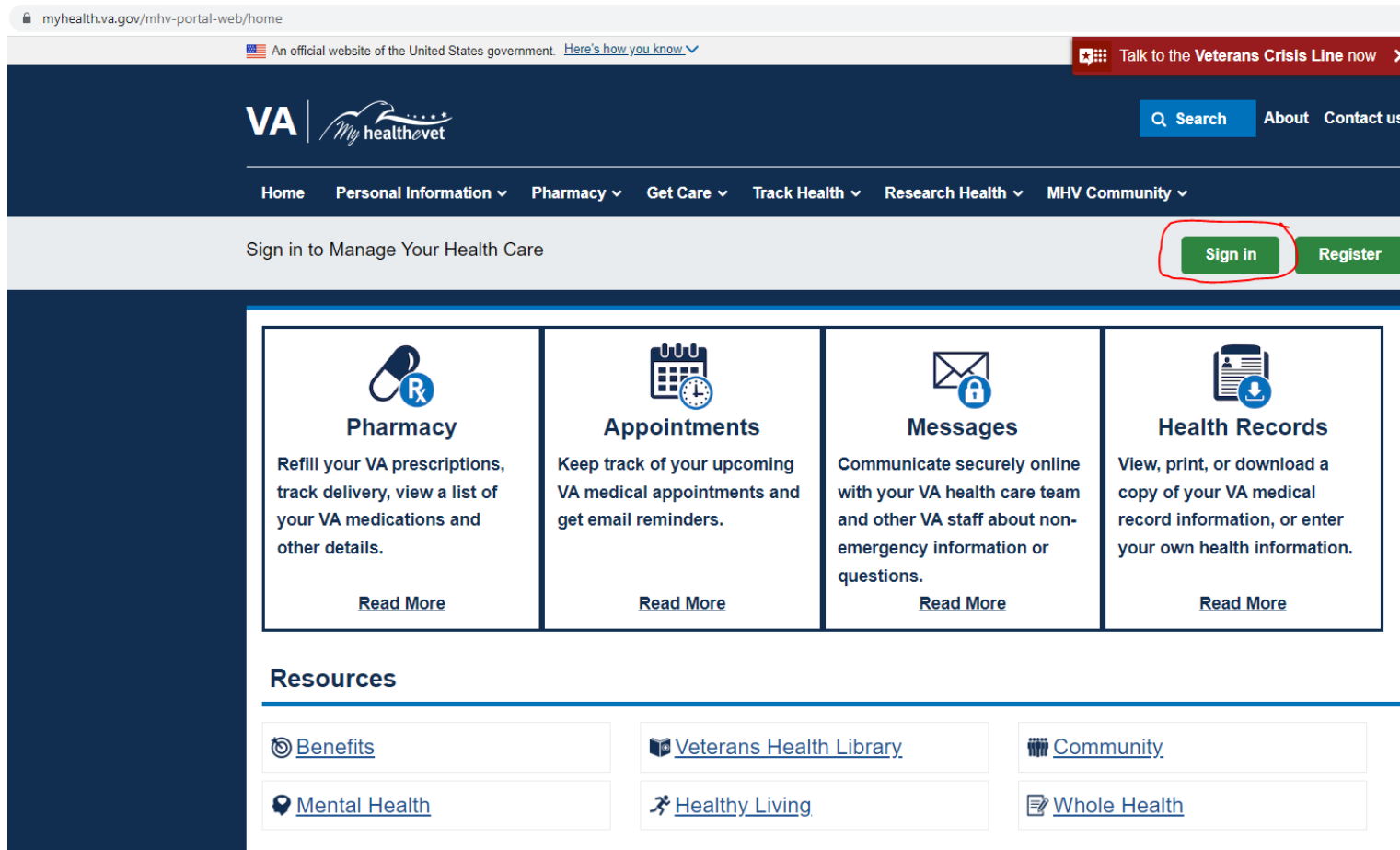


Blue Button Report From MyHealthVet

Created by: Daniel Pomeroy

How to get a PDF copy of your Blue Button Report

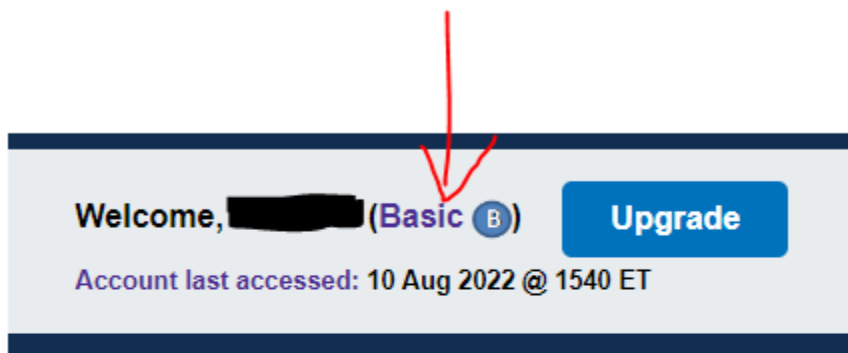
Go to myhealth.va.gov and select the “Sign In” button in the top right corner.



The screenshot shows the homepage of the VA My Health Vet portal. The URL in the browser is myhealth.va.gov/mhv-portal-web/home. The page features a dark blue header with the VA logo and 'My healthvet' branding. A search bar and navigation links for 'About' and 'Contact us' are present. Below the header is a navigation menu with options: Home, Personal Information, Pharmacy, Get Care, Track Health, Research Health, and MHV Community. A secondary navigation bar contains the text 'Sign in to Manage Your Health Care' and two buttons: 'Sign in' (highlighted with a red circle) and 'Register'. The main content area is divided into four service tiles: Pharmacy (refill prescriptions), Appointments (track upcoming appointments), Messages (secure communication), and Health Records (view/download records). Each tile includes a 'Read More' link. Below the tiles is a 'Resources' section with links to Benefits, Veterans Health Library, Community, Mental Health, Healthy Living, and Whole Health.

Signing In:

If you have a premium MyHealthy Vet account, Choose Option



2

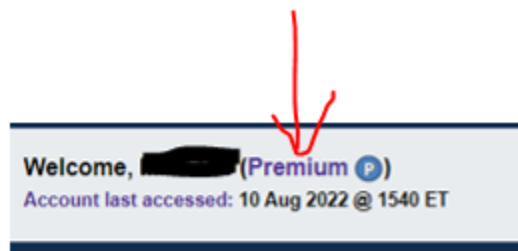
Option 2: Continue to My HealtheVet only

What should I know about this option before I choose it? ▾

Continue to My HealtheVet only



If you need to upgrade your MyHealthy Vet account Choose Option 1: New VA Sign in (recommended)



1

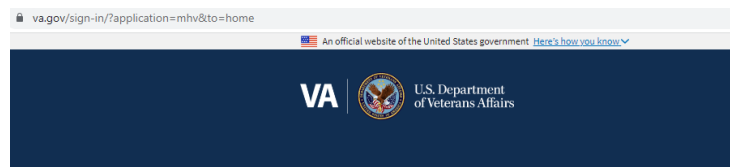
Option 1: New VA sign in (recommended)

What should I know about this option before I choose it? ▾

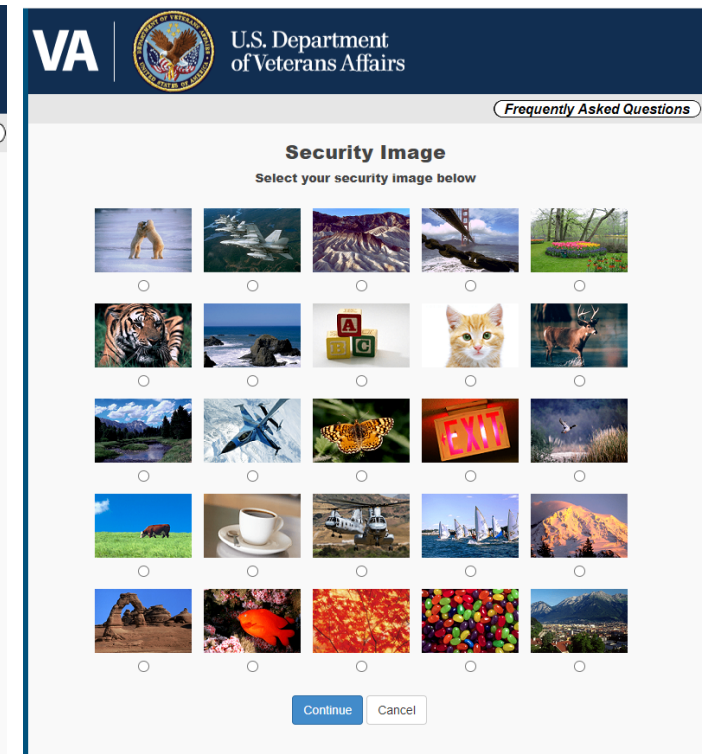
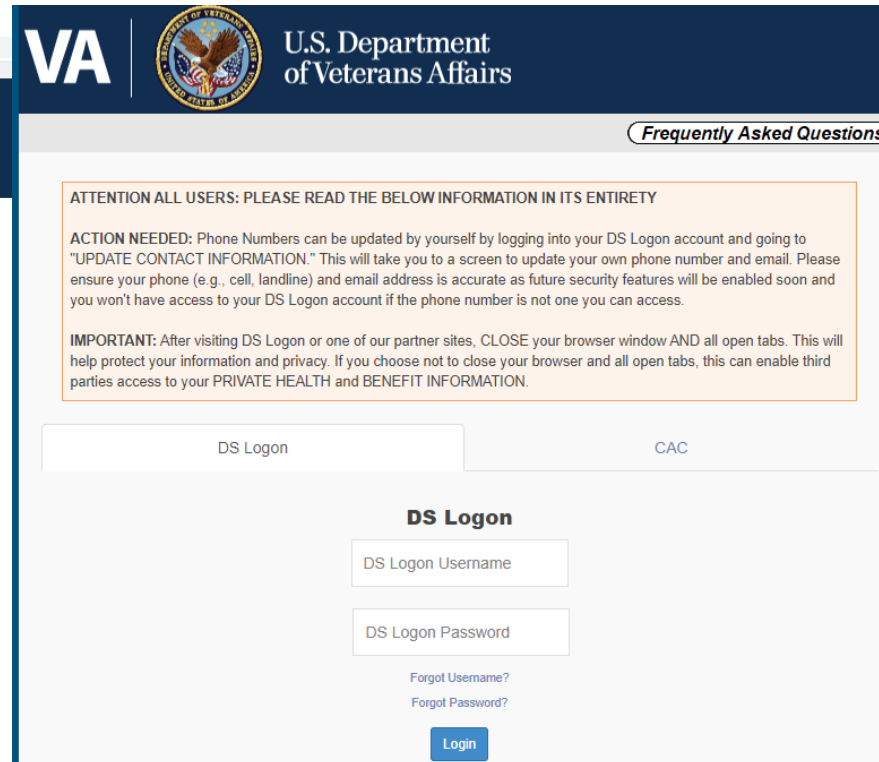
Start using the new VA sign in

Signing In Option 1: New VA Sign in using DS Logon to sign in

1. Choose DS Logon
2. On the DS Logon tab, enter your user name and password
3. Identify your security picture



Sign in



Upgrade to Premium: To use the VA Blue Button feature and access the VA Health Summary, you must be registered on My HealthVet as a VA Patient and have a Premium account

The screenshot displays the My HealthVet user interface. At the top left, it says "Welcome, [redacted] (Basic B)" with a blue "Upgrade" button circled in red. Below this, it states "Account last accessed: 10 Aug 2022 @ 15:27 ET". On the top right, there is a "Log Out" link. The main content area is divided into three columns: "Pharmacy", "Appointments", and "Health Records". Each column contains several links for user actions. Below these columns is a "Resources" section with six links: "Benefits", "Veterans Health Library", "Community", "Mental Health", "Healthy Living", and "Whole Health".

Pharmacy	Appointments	Health Records
Refill VA Prescriptions	View My VA Appointments	Blue Button Medical Reports
Track Delivery	Health Calendar	Labs and Tests
Medications Lists	VA Facility Locator	Track Health

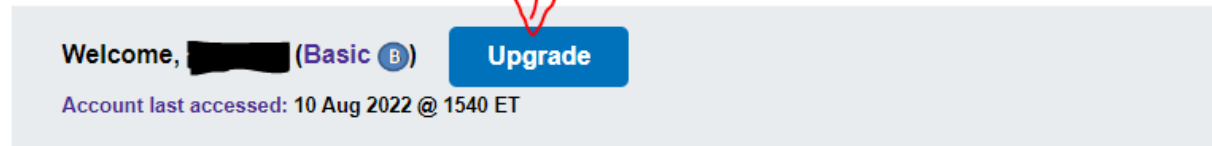
Resources

Benefits	Veterans Health Library	Community
Mental Health	Healthy Living	Whole Health

Upgrade to Premium:

Note: The 'Upgrade' button does not upgrade your account automatically. All the steps below must be accomplished.

- 1.) Sign in to My HealthVet using your Premium DS Logon or ID.me* account
- 2.) Select the 'Upgrade' button on the welcome banner next to your name
- 3.) Check the certification box to verify you're the owner of the account and select 'Continue'
- 4.) After selecting 'Continue,' your account will upgrade to Premium



[My HealthVet](#) > [Personal Information](#) > [Account Upgrade](#)

You will now be upgraded to the My HealthVet Premium account. A Premium account gives My HealthVet members the highest level of access to My HealthVet features. With a Premium account, you have access to these features:

- VA Medical Records
- [Secure Messaging](#)
- [VA Appointments](#)
- Department of Defense Military Service Information

I certify that I am the account owner of this My HealthVet account and authorize the requested upgrade to a Premium My HealthVet user account.

[Continue](#) [Cancel](#)

Signing In Option 2: Using MyHealthy Vet Logon



My HealthVet User ID

[Forgot User ID?](#)

My HealthVet Password

[Forgot Password?](#)

[Show](#)

By clicking on the Sign In button below, you are agreeing with the System Use Warning Notice.

[Read System Use Warning Notice](#) ▾

Sign In

[Cancel](#)

Select the “Blue Button Medical Reports” link in the top right corner.

The screenshot shows the My Health eVet website interface. At the top, there is a dark blue header with the VA logo and 'My healthvet' text on the left, and a search bar, 'About', and 'Contact us' on the right. Below the header is a navigation menu with links for Home, Personal Information, Pharmacy, Get Care, Track Health, Research Health, MHV Community, and Secure Messaging. A user greeting bar displays 'Welcome, [redacted] (Premium P)' and 'Account last accessed: 10 Aug 2022 @ 1540 ET', with a 'Log Out' link on the right. The main content area features four large panels: Pharmacy, Appointments, Messages, and Health Records. The 'Blue Button Medical Reports' link is highlighted in yellow within the Health Records panel. Below these panels is a 'Resources' section with links to Benefits, Veterans Health Library, Community, Mental Health, Healthy Living, and Whole Health.

Pharmacy	Appointments	Messages	Health Records
Refill VA Prescriptions	View My VA Appointments	Inbox	Blue Button Medical Reports
Track Delivery	Schedule a VA Appointment	Compose Message	Labs and Tests
Medications Lists	VA Facility Locator	Manage Folders	Electronic Sharing Options

Resources

- [Benefits](#)
- [Veterans Health Library](#)
- [Community](#)
- [Mental Health](#)
- [Healthy Living](#)
- [Whole Health](#)

Select the “VA Blue Button Report” link.

The screenshot shows the VA My HealtheVet website interface. At the top, there is a dark blue header with the VA logo and 'My health@vet' text. A search bar and links for 'About' and 'Contact us' are also present. Below the header is a navigation menu with options like 'Home', 'Personal Information', 'Pharmacy', 'Get Care', 'Track Health', 'Research Health', 'MHV Community', and 'Secure Messaging'. A user greeting bar shows 'Welcome, [redacted] (Premium)' and 'Account last accessed: 10 Aug 2022 @ 1540 ET' with a 'Log Out' link.

The main content area shows a breadcrumb trail: 'My HealtheVet > Personal Information > Download My Data'. Under the 'Personal Information' section, there is a list of options. The 'VA Blue Button Report' link is highlighted in yellow. To the right of this list, there is a 'Blue Button Download My Data' logo and a 'Select Type of Report' heading. Below the 'VA Blue Button Report' link, there is a description: 'View, print, and download the personal health information you want.'

Option	Description
My Profile	
Download My Data	
VA Blue Button Report	
VA Health Summary	
VA Medical Images and Reports	View, print, and download the personal health information you want.
Electronic Record Sharing Options	
Change Password	You can view, print, or download a health summary from your VA medical record. It includes allergies, medications, recent lab results and more. This is available in a standard file format that can be read by other computer systems.
In Case of Emergency	
My Account	
Health Information Card	
My Links	
Pay or Receive Funds	

For Date Range select “Custom”. For your “start date”, enter your ETS date. Put the day that you are pulling the report as your “end date”.
Finally, select “All Types of Information”.

The screenshot shows the 'Download My Selected Data' page on the VA Blue Button portal. The interface is divided into two main sections: '1 Select Date Range' and '2 Select Types of Information'.

1 Select Date Range

- Date Range:** Radio buttons for 3 Months, 6 Months, 1 Year, and **Custom** (selected and circled in red).
- Start Date:** A text input field containing 'mm/dd/yyyy' (circled in red) with a calendar icon to its right.
- End Date:** A text input field containing '2/4/2020' with a calendar icon to its right.

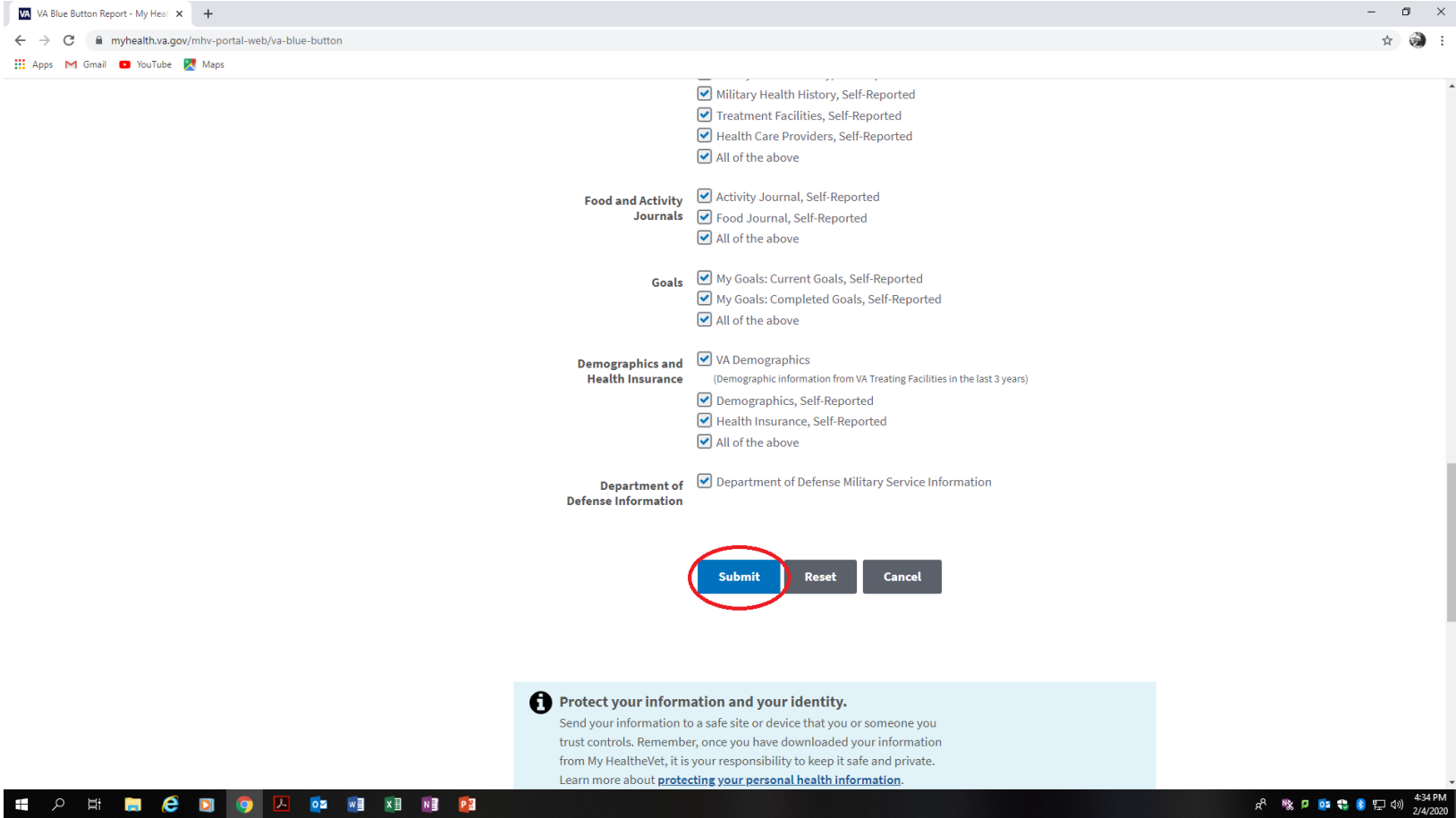
2 Select Types of Information

Information that you have entered into My HealthVet is labeled as 'Self-Reported'. Information from the VA Electronic Health Record is labeled as 'VA'.

- Select the types of information to include:** Radio buttons for 'Self-Reported' and **All Types of Information** (selected and circled in red).
- Appointments:** Checkboxes for 'Future VA Appointments', 'Past VA Appointments (limited to past 2 years)', and 'All of the above' (all checked).
- Medications:** Checkboxes for 'VA Medication History' (checked).

The browser's address bar shows the URL: [myhealth.va.gov/mhv-portal-web/va-blue-button](https://www.myhealth.va.gov/mhv-portal-web/va-blue-button). The Windows taskbar at the bottom shows the time as 4:25 PM on 2/4/2020.

Scroll to the bottom and select “Submit”.



Click on the link “Download PDF” with the largest file size.

The screenshot shows the VA My Health Vet portal. The user is logged in as Daniel (Premium). The page title is "My Download Results" under "Blue Button Download My Data". A green notification states "Your information update is complete. Your report is ready below." Below this, the user's personal health information is partially redacted. A table titled "DOWNLOAD YOUR DATA" lists two files:

File Contents	File Name	File Size	Request Date	I want to...
Selected Health Data	mhv-[redacted]_20200204_1736.pdf	1916 KB	04 Feb 2020 @ 1736	View Download PDF
Selected Health Data	mhv-[redacted]_20200204_1736.txt	378 KB	04 Feb 2020 @ 1736	View Download TXT

The "Download PDF" link for the 1916 KB file is circled in red. A "Back" button is located below the table. The Windows taskbar at the bottom shows the time as 4:36 PM on 2/4/2020.

Click on "OK".

www.myhealth.va.gov says
When you open or download a PDF file, a temporary file is created on this computer. Others accessing this computer may be able to view your personal health information. There is a risk of exposing your information when you download a PDF file, especially on public or shared computers.

OK Cancel

VA | My healthvet
Home Personal Information Pharmacy
Welcome, Daniel (Premium) Account last accessed: 04 Feb 2020 @ 12:23 ET
Log Out
My HealthVet / Personal Information / Download My Data / VA Blue Button Report

Download My Data
VA Blue Button Report
VA Health Summary
VA Medical Images and Reports

Blue Button Download My Data My Download Results
VA Blue Button User Guide

✔ Your information update is complete.
Your report is ready below.

Personal Health Information of [REDACTED]

DOWNLOAD YOUR DATA

File Contents	File Name	File Size	Request Date	I want to...
Selected Health Data	[REDACTED]	1916 KB	04 Feb 2020 @ 17:36	View Download PDF
Selected Health Data	[REDACTED]	378 KB	04 Feb 2020 @ 17:36	View Download TXT

Back

https://www.myhealth.va.gov/mhv-portal-web/va-blue-button?p_p_id=BlueButton_WAR_mhvbluebuttonportalportlet&p_p_lifecycle=0&p_p_state=normal&p_p_mode=view&_BlueButton_WAR_mhvbluebuttonportalportlet_facesViewIdRender=%2Fviews%2Fbluebutton%2Fdownload%2FmyDownloadResults.xhtml#

4:36 PM 2/4/2020

Click on the PDF file in the bottom left hand of your screen.

VA Blue Button Report - My Heal x +

myhealth.va.gov/mhv-portal-web/va-blue-button?p_id=BlueButton_WAR_mhvbluebuttonportalportlet&p_p_lifecycle=0&p_p_state=normal&p_p_mode=view&_BlueButton_WAR_mhvbluebuttonportalportlet_facesViewIdRender=%2Fviews%2Fbluebutton%2Fdownlo...

VA | My healthvet

Search | About | Contact

Home | Personal Information | Pharmacy | Get Care | Track Health | Research Health | MHV Community | Secure Messaging

Welcome, Daniel (Premium) Log Out

Account last accessed: 04 Feb 2020 @ 12:23 ET

My HealthVet / Personal Information / Download My Data / VA Blue Button Report

Download My Data

- VA Blue Button Report
- VA Health Summary
- VA Medical Images and Reports

Blue Button Download My Data

My Download Results

VA Blue Button User Guide

✔ Your information update is complete.
Your report is ready below.

Personal Health Information of [redacted]

DOWNLOAD YOUR DATA

File Contents	File Name	File Size	Request Date	I want to...
Selected Health Data	mhv [redacted]_20200204_1736.pdf	1916 KB	04 Feb 2020 @ 17:36	View Download PDF
Selected Health Data	mhv [redacted]_20200204_1736.txt	378 KB	04 Feb 2020 @ 17:36	View Download TXT

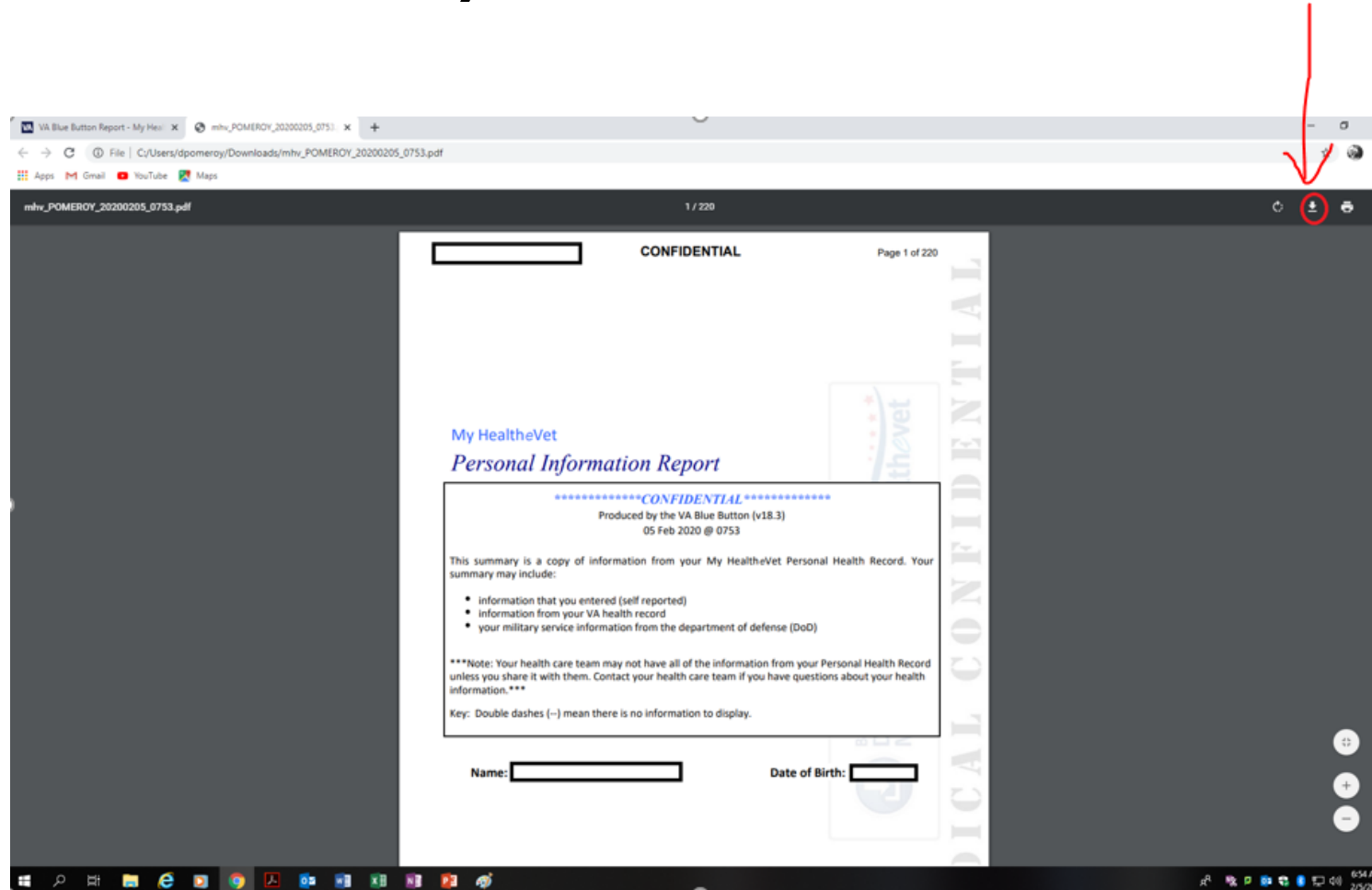
Back

mhv [redacted]_2...pdf

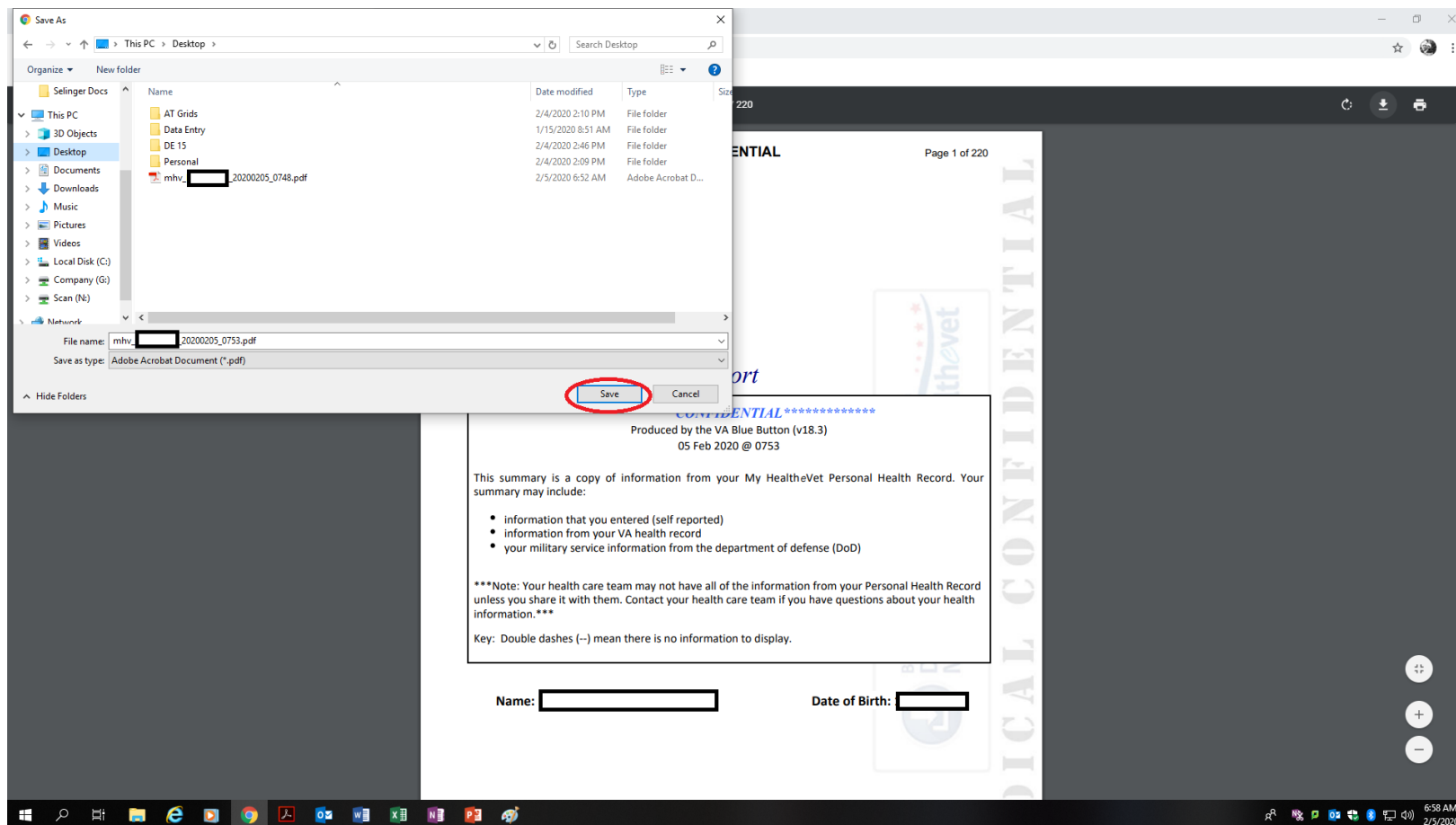
Show all

4:37 PM 2/4/2020

Select the “Download” button in the top right of your screen.



Save the file to your Desktop.



You have several options for getting your records to us:

1. E-mail them to us at 3MTeam@awkolaw.com
2. Upload them to your Caselocker account: <https://awko.litigationlocker.com>.
3. Fax them (digitally or physically) to the 3M Team at (850) 916-7449.
4. Request a prepaid envelope.